

Important Information Ultrasound Scan of Liver

Dear Patient

This is a friendly reminder of your upcoming ultrasound scan appointment. A liver ultrasound scan is a non-invasive, painless imaging test that uses sound waves to create pictures of your liver and the surrounding area.

Why Do You Need This Scan?

It helps your doctor examine the size, shape, and condition of your liver, and detect abnormalities such as fatty liver, cysts, tumours, or signs of liver disease.

Before the Appointment:

To ensure the effectiveness of the investigations, please ensure:

- **Not to eat or drink for 6 hours** before this scan appointment. This helps reduce the gas in the abdomen and allows for a clearer image.
- Continue to take your regular medications unless instructed otherwise by your doctor.
- Wear loose-fitting, comfortable clothing. You may be asked to change into a gown for the procedure.

What Happens During the Scan Appointment?

- You will lie on your back on an examination table.
- A clear gel will be applied to your abdomen. This helps the ultrasound probe (called a transducer) make better contact with your skin.
- The sonographer or doctor will gently move the transducer over your upper abdomen to obtain images of your liver.
- The scan usually takes 15 to 20 minutes.

After the Scan Appointment:

- You can eat, drink, and return to normal activities immediately after the scan.
- The results will be reviewed by a radiologist and sent to your referring doctor, who will discuss them with you.

Contact Information

If you have any questions or concerns, feel free to reach out either by calling 020 8866 4100 or by emailing us on Harhl.Appointments@nhs.net

Best Regards

Harrow Health Management

Disclaimer: This leaflet is designed for the information of patients. Whilst every effort has been made to ensure accuracy, the information contained may not be comprehensive and patients should not act upon it without seeking professional advice.