

## **Important Microsuction Information**

Dear Patient

This is a friendly reminder of your upcoming wax removal appointment. Ear wax will be removed using a gentle suction technique called Microsuction.

### **Why Microsuction?**

- The procedure is quick and comfortable, usually lasting around 20 minutes.
- Unlike ear syringing, microsuction involves no water and is ideal for sensitive ears.

### **Before the Appointment:**

To ensure the effectiveness and comfort of the procedure, the wax must be softened. Therefore, we kindly ask that you use medical-grade olive oil drops or sprays, such as Earol, in the affected ear(s).

- You can find medical-grade olive oil drops/sprays at your local pharmacies, or supermarkets.
- Apply the chosen product once or twice per day in the affected ear(s) for a minimum of 5 days before your appointment.

Please refrain from using olive oil if you experience any of below listed symptoms:

- Have an ear infection recently or perforated eardrum.
- History of dizziness or balance problems.
- Suspected foreign bodies in the ear canal.

### **During the Microsuction Appointment:**

- Your clinician will first examine your ears using a microscope. Always inform your clinician about any pre-existing conditions.
- A suction device will be used to remove excess ear wax from your ear canal. You might feel a light suction sensation, but it should not cause discomfort.

### **After the Appointment:**

- Your clinician will recheck the ear(s) to ensure wax is removed.
- Avoid inserting anything into your ear canal for 48 hours after the appointment.
- It is normal to feel mild sensations after the appointment. It should subside quickly.
- If you experience any pain or discomfort after the procedure, please contact your GP or other appropriate service for advice.

If you have any questions or concerns, feel free to reach out. We look forward to providing you with the best care during your appointment.

Best Regards

Harrow Health ENT Department

**Disclaimer:** This leaflet is designed for the information of patients. Whilst every effort has been made to ensure accuracy, the information contained may not be comprehensive and patients should not act upon it without seeking professional advice.